

# Dads2b Midlothian

***Are you going to be a Dad?***

**Then this course is specially designed for you!**

Our team includes a NHS midwife and a Dads worker from Midlothian Sure Start

We cover issues relating to:

**Labour and birth**

**Baby First Aid**

**All essential baby care skills**

**Bonding and attachment**

**Emotional and brain development of your baby**



**Understanding and supporting the emotional roller coaster**

**Your importance as a dad in all this!**

Classes are free and you will meet other dads-to-be and can discuss issues important to you as an expectant dad!

Location: Midlothian Community Hospital  
70 Eskbank Road, Dalkeith for 5 x Wednesdays - 6.30pm to 8.30pm

## Course Start Dates

**Wednesday 17th January 2018**

**Wednesday 14th March 2018**

**Wednesday 9th May 2018**

**Wednesday 4th July 2018**

**Wednesday 29th August 2018**

**Wednesday 24th October 2018**

To register your interest please email:  
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or phone 0131 660 9932

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