

Dads2b Midlothian

Are you going to be a Dad?
Then this course is specially
designed for you!

Our team includes a NHS midwife and a Dads worker from
Midlothian Sure Start

We cover issues relating to:



Labour and birth

Baby First Aid

All essential baby care skills

Bonding and attachment



Emotional and brain development of your baby

Understanding and supporting the emotional roller coaster

Your importance as a dad in all this!

*Classes are free and you will meet other dads-to-be and can discuss issues
important to you as an expectant dad!*

*Location: Midlothian Community Hospital
70 Eskbank Road, Dalkeith for 5 x Wednesdays - 6.30pm to 8.30pm*

***Next Course begins:
Wednesday 15th March 2017***

***Other 2017 Start dates:
10th May, 5th July, 30th August and 25 October 2017***

*To register your interest please email:
karenherbert@midlothiansurestart.org.uk
or phone 0131 660 9932*

