



MIDLOTHIAN SURE START REGISTRATION & REFERRAL FORM

Midlothian Sure Start aims to give very young children (from pre-birth to 11 years) the best possible start. We provide a range of services through six centres and on an outreach basis. We work as a team at grass roots level, delivering a client-led service within the large semi-rural community that we serve.

Stepping Forward (<i>Penicuik</i>)		Dynamic Dads	
Bright Start (<i>Loanhead</i>)		Parenting Co-ordinator	
Positive Steps (<i>Bonnyrigg</i>)		Therapy Services	
Small Steps (<i>Gorebridge</i>)		Empowering Families Project	
Woodburn Family Learning Centre (Hand in Hand)		Looked After & Accommodated Children / Vulnerable 0-3 year olds Family Support Worker	
Family Reachout (<i>Mayfield</i>)		A Good Start	
Family Learning Facilitator		Baby Massage	

Adult 1 Details

Name Date of contact

Address Date started

..... Religion:

Postcode Ethnicity:

DOB

Tel

Caring role **Lone Mother/Lone Father/Shared responsibility/Kinship carer/Grandparent/LAAC**

Adult 2 Details

Name Date of contact

Address Date started

..... Religion:

Postcode Ethnicity:

DOB

Tel

Caring role **Lone Mother/Lone Father/Shared responsibility/Kinship carer/Grandparent/LAAC**

Child(ren)'s Details

Name Gender **F / M** DOB

Registered with a dentist Receiving healthy vitamins Additional support needs



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Allergies/medical conditions:

Additional Support Needs:

Name: Gender **F / M** DOB

Registered with a dentist Receiving healthy vitamins Additional support needs

Allergies/medical conditions:

Additional Support Needs:

Name: Gender **F / M** DOB

Registered with a dentist Receiving healthy vitamins Additional support needs

Allergies/medical conditions:

Additional Support Needs:

Other siblings:

Name Gender **F / M** DOB

Name Gender **F / M** DOB

Name Gender **F / M** DOB

Emergency contacts:

Emergency contact #1

Name Tel no

Address Relationship

.....

What does the child call you?

This person has authority to collect child from centre: Yes No



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Emergency contact #2

Name Tel no

Address Relationship

.....

What does the child call you?

This person has authority to collect child from centre: Yes No

Other information:

Has there been Police Involvement? Yes No

Are any of the children on the Child Protection Register? Yes No

Is the Children's Reporter involved? Yes No

Reason for referral *(please provide detailed information about current circumstances, including health and wellbeing, relationships, any goals or requirements)*

.....
.....
.....

What outcome are you hoping to get from this referral?

.....
.....

Other agencies/services involved:

.....
.....

Is this person in a position to engage with this service? Yes No

If No, please provide information:



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Consent of individual for this information being forwarded to Midlothian Sure Start and further enquiries. It is preferable to have a signature but referral can proceed on verbal agreement if this is not possible.

Signature of person referred: Date

Signature of referrer: Date

Title:

Name of referrer:

Agency (if applicable):

Contact phone number:

Please see over for return addresses



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Outreach Work

Workers based at Head Office Colliery Court, McSence Business Park, 32 Sycamore Road, Mayfield, EH22 5TA

Therapy Services

The Therapy Services includes Art Therapy and can consist of both perinatal group provision and individual counselling. This service is aimed at helping those who suffer either from antenatal or postnatal depression and more general issues connected to life's transitions, loss, identity, general anxiety or depression. We hope to reduce the stigma associated with Postnatal Depression and enable families to seek the support, which is available to them. predominately this service is available for families who have a child between 0-3 years old.

Please contact Anna Gibbons for more information at annagibbons@midlothiansurestart.org.uk.

Parenting Skills

PEEP (Peers Early Education Partnership) is an opportunity for making the most of everyday activities in a fun and secure environment. It is a place to have fun with your child. Being a parent is a full time job that we find ourselves doing no training and sometimes little experience of children. Although it is extremely rewarding and fun it can at times be very demanding and stressful. During these times we can find ourselves feeling overwhelmed and unsure of what is the best way to approach certain situations. Join or Parenting Skills group to help find out about how to deal with the dreaded tantrums, sleepless nights, fussy eating and much more. At our group you can meet new people, share ideas and feel that you are a person again and not just "Joe's mum or dad". PEEP includes stories, signing and rhyme time so come along and give it a try.

Please contact Jennie Jacobs for more information at jenniejacobs@midlothiansurestart.org.uk.

A Good Start

At Midlothian Sure Start, all families within our locality have the opportunity to come along to our 'Good Start' Programme. Generally we begin with a five week block of baby Massage facilitated by fully trained Infant Massage Therapists. Parents/Carers have said they enjoy the 1:1 time with their baby. Following on from baby massage we offer a series of sessions which include topics such as, Early Brain Development, Treasure Baskets/Heuristic Play, Infant Weaning, Baby and Toddler First Aid, Sleep Schemas and more. All our sessions are delivered by trained instructors and all parents/carers can gain further information or guidance on the topics covered,

Please contact us for more information at agoodstart@midlothiansurestart.org.uk.

Dads

Dads or male carers living in Midlothian can access our dads service where there is an opportunity to meet other dads/male carers, attend support groups with crèche facilities.

We offer 1:1 support as well as toddler groups with ideas for fun play to support child's learning. This is an opportunity for dads/male carers to learn new skills, be involved in activities with their children within a confidential, non judgemental, non discriminative, supportive, caring and fun environment. This service is person centred, family focused and is open to all dads/male carers in Midlothian regardless of circumstances. Midlothian Sure Start is working in partnership with NHS Lothian to provide antenatal education and support for expectant fathers.

Please contact Tim Porteus for more information at timporteur@midlothiansurestart.org.uk.

Empowering Families Project

The Empowering Families Project is a partnership of 12 agencies who work with families across Midlothian recognising that every family is different and what defines a family is that it is a group of people who care about and care for each other. The Empowering Families Project aims to help families make positive changes for themselves to manage problems better. We offer Therapeutic work with families, a systematic approach working with larger family networks and smaller family units. Family support programmes, Art Therapy, Counselling for Children (5-11yrs), Video Interaction Guidance, Family Group Conference. We also offer Play Therapy and Filial Therapy (through Play Therapy Base) and support access to other Midlothian Sure Start services or agencies which will assist with adult counselling, benefit advice as well as other practical help.

Please contact Empowering Families Project Team for more information at efp@midlothiansurestart.org.uk



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USEFUL CONTACTS

Penicuik and surrounding area

Stepping Forward

60 Queensway
Penicuik
EH26 8EY
Centre Manager – Gavin Burns
Tel: 01968 679215

Gorebridge and surrounding area

Small Steps

Gorebridge Primary School
2C Barleyknowe Lane
Gorebridge
EH23 4AX
Centre Manager - Maureen Black
Tel: 01875 822428

Loanhead and surrounding area

Bright Start

Health Clinic
17 George Terrace
Loanhead
EH20 9JZ
Centre Manager – Janine Stewart
Tel: 0131 448 2204

Mayfield and surrounding area

Family Reachout

T U Hut
Mayfield Primary School Grounds
Stone Avenue
Mayfield
EH22 5PB
Centre Manager - Kate Downey
Tel: 0131 660 6644

Bonnyrigg and surrounding area

Positive Steps

Mount Esk Nursery
Dalhousie Gardens
Bonnyrigg
EH19 2LS
Centre Manager – Susan Affleck
Tel: 0131 660 1749

Woodburn and surrounding area

Hand in Hand

Woodburn Family Learning Centre
Woodburn Primary School
5 Cousland Road
Dalkeith
EH22 2PS
Centre Manager – Barbara Middleton
Tel: 0131 654 1565